

ACIBADEM | SISTINA

# CHECKUP

FIRST CENTER OF EXCELLENCE  
FOR PREVENTIVE EXAMINATIONS



Acibadem Sistina Hospital offers standard preventive programs for health control adjusted to your individual needs according to the age, sex, frequency of certain diseases in the family, and in line with your life habits and lifestyle. This approach provides disease prevention and early detection in order to start an effective treatment. Individual preventive healthcare packages are designed to be rational, effective and affordable for your budget.

## **WHAT DOES A PREVENTIVE EXAMINATION MEAN?**

Preventive examination is a service intended for clients with no health problems, giving them the opportunity for examinations and tests aimed at early detection of certain diseases, including advice and consultation on healthy living and complete control of the body.

## **WHY IS THIS PREVENTIVE EXAMINATION NECESSARY?**

If you feel well you probably think it's unnecessary to refer to a hospital, visit a doctor, or do any tests. However, there are many health risks we face. Factors related to your lifestyle, genetic predisposition to diseases (i.e. evident diabetes, cardiac diseases, or carcinoma in family members) can determine your health risks. Preventive examinations have a key role in the early detection of diseases in this aspect. A few hours for a preventive examination may give you all necessary information regarding your health and prevent serious health problems in the future.

## CHECK-UP PACKAGE FOR WOMEN UNDER 40 YEARS OF AGE

- CLINICAL EXAMINATION AND ULTRASOUND OF BREASTS
- ULTRASOUND OF URINARY TRACT AND ABDOMEN – CHECK-UP
- CHECK-UP EXAMINATION
- NUTRITION ASSESSMENT
- CORONARY STRESS TEST
- TRANSTHORACIC ECHOCARDIOGRAFY EXAMINATION - TTE
- ELECTROCARDIOGRAM – ECG
- COMPLETE GYNECOLOGICAL EXAMINATION (PAP, COLPOSCOPY, ULTRASOUND)
- CYTODIAGNOSTICS OF SMEARS, Thin Prep
- C-Reactive Protein (CRP), Quantitative Test
- Blood count – 5-differential
- Triglycerides
- Alanine Aminotransferase - ALT
- Aspartate Aminotransferase - AST
- Thyroid Stimulating Hormone - TSH
- Free Thyroxine - FT4
- Cholesterol - LDL
- Cholesterol - HDL
- Serum Glucose
- Serum Creatinine
- Total Cholesterol
- Urinary status, sedimentation rate
- Serum iron

**37.000 MKD**

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## Contact

**Address:** ul. Skupi 5A, Skopje, Macedonia

**E-mail:** [checkup@acibademsistina.mk](mailto:checkup@acibademsistina.mk)

call center  
**+389 2 3099 500**  
[www.acibademsistina.mk](http://www.acibademsistina.mk)