GOLD CHECK-UP PACKAGE FOR MEN

Acibadem Sistina Hospital provides special individual packages for men that include examinations, precise tests and evaluations, assessing your general health condition and identifying potential health problems.

For more detailed information, you can contact the Check-Up Department at Acibadem Sistina Hospital.





GOLD CHECK-UP PACKAGE FOR MEN

EXAMINATIONS

- · Check-Up Examination
- · Cardiac Examination
- Urology Examination
- Pulmonology Examination
- Dental Examination
- Endocrinology Consultation

RADIOLOGICAL EXAMINATIONS

- X-Ray of Lungs/Low-Dose CT Screening of Lungs *
- Thyroid Ultrasonography
- Abdominal Ultrasonography
- Panoramic X-Ray of Teeth****

CARDIAC EXAMINATIONS

- · Electrocardiogram ECG
- Echocardiography
 - TTE/Coronary Stress Test**

LABORATORY EXAMINATIONS

- Alanine Amionotransferase (ALT)
- Aspartate Aminotransferase (AST)
 - Iron
- Iron Binding Capacity
- Ferritin
- Magnesium (Mg)
- Sodium (Na)
- Potassium (K)
- Folic Acid
- Fecal Occult Blood
- · Glucose, fasting
- HbA1c (Hemoglobin A1c)
- · Calcium (Ca)
- Cholesterol (HDL)
- Cholesterol (LDL)
- Cholesterol, Total
- Creatinine
- Lipase
- · Lipoprotein (a)
- Complete Urinalysis
- Triglycerides
- Blood Urea Nitrogen (BUN)
- · Uric Acid, serum
- Vitamin B12
- Vitamin D 25-Hydroxy (OH)

- C-Reactive Protein (CRP), Ouantitative Test
- Complete Blood Count (Hemogram)
- Insulin
- · Testosterone, Total
- Testosterone, Bioavailable -Free
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- CA 15-3
- CA 19-9
- PSA. Total***
- PSA, Free***
- Hepatitis B Surface Antigen (HBsAg)
- Hepatitis B Surface Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Amvlase

MEASUREMENTS

 Body Composition Measurement

^{*} X-Ray of Lungs or Low-Dose CT Screening of Lungs is performed in consultation with a doctor and based on medical indications.

^{**} Echocardiography and Coronary Stress Test are provided for men over 40 years of age. Echocardiography or Coronary Stress Test are provided for patients under 40 years of age in consultation with a doctor.

^{***} PSA (Total) and PSA (Free) Tests are applied to men over 40 years of age.

^{****} Panoramic Dental X-Ray is performed according to a dentist's recommendation.

GOLD CHECK-UP PACKAGE FOR WOMEN

Acibadem Sistina Hospital provides special individual packages for women that include examinations, precise tests and evaluations, assessing your general health condition and identifying potential health problems.

For more detailed information, you can contact the Check-Up Department at Acibadem Sistina Hospital.





GOLD CHECK UP PACKAGE FOR WOMEN

EXAMINATIONS

- · Check-Up Examination
- · Gynecological Examination
- Dermatological Examination
- Cardiac Examination
- Endocrinology Consultation
- Dental Examination

RADIOLOGICAL EXAMINATIONS

- · X-Ray of Lungs
- Thyroid Ultrasonography
- Abdominal Ultrasonography
- Breast Ultrasonography *
- Digital Mammography *
- Bone Density Measurement ****
- Panoramic X-Ray of Teeth ***

CARDIAC EXAMINATIONS

- Electrocardiogram ECG
- Echocardiography TTE/ Coronary Stress Test **

LABORATORY EXAMINATIONS

- Alanine Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Iron
- · Iron Binding Capacity
- Ferritin
- · Magnesium (Mg)
- Folic Acid
- Fecal Occult Blood
- Glucose, fasting
- HbA1c (Hemoglobin A1c)
- Calcium (Ca)
- Cholesterol (HDL)
- · Cholesterol (LDL)
- · Cholesterol, Total
- Creatinine
- Lipase
- Lipoprotein (a)
- Urinalysis
- Triglycerides
- Blood Urea Nitrogen (BUN)
- Sodium (Na)
- Potassium (K)
- Uric Acid
- · Vitamin B12

- Vitamin D 25-Hydroxy (OH)
- C-Reactive Protein (CRP), Quantitative Test
- Complete Blood Count (Hemogram)
- Insulin
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- CA 125
- CA 15-3
- CA 19-9
- Hepatitis B Surface Antigen (HBsAg)
- Hepatitis B Surface Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Amylase

PATHOLOGICAL EXAMINATIONS

· Cytopathology, Thin Prep

MEASUREMENTS

 Body Composition Measurement

^{*} Breast Ultrasonography and Mammography are performed for women over 40 years of age.

^{**} Echocardiography and Coronary Stress Test are provided for women over 40 years of age. Echocardiography or Coronary Stress Test are provided for patients under 40 years of age in consultation with a doctor.

^{***} Panoramic Dental X-Ray is performed according to a dentist's recommendation.

^{****} DEXA Scan of Skeleton is recommended for women over 40 years of age.