



EXECUTIVE **CHECK-UP** PACKAGES

ACIBADEM
SISTINA

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EXECUTIVE CHECK-UP PACKAGE FOR MEN

EXAMINATIONS

- Check-Up Examination
- ENT Examination
- Urology Examination
- Pulmonology Examination
- Ophthalmology Examination
- Dermatological Examination
- Cardiac Examination
- Endocrinology Consultation

DENTAL SERVICES

- Dental Check-Up Examination
- Panoramic X-Ray of Teeth
- Dental Cleaning

CARDIAC EXAMINATIONS

- Electrocardiogram - ECG
- Echocardiography – TTE/
Coronary Stress Test *
- 24-hour Ambulatory Blood
Pressure Monitoring
- Carotid Ultrasound

RADIOLOGICAL EXAMINATIONS

- Thyroid Ultrasonography
- Abdominal Ultrasonography
- Bone Density Measurement ***
- Whole Body MRI

PULMONARY EXAMINATIONS

- Sleep Apnea Study

AUDIOLOGY EXAMINATIONS

- Audiometry and Tympanometry
- Basic Tonal Audiometry

RESPIRATORY TESTS

- Pulmonary Function Test

INTERVENTIONS

- Dermatoscopy

MEASUREMENTS

- Body Composition Measurement

LABORATORY EXAMINATIONS

- Alpha Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanine Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Cholesterol, Total
- Cholesterol (LDL)
- Cholesterol (HDL)
- Triglycerides
- Phosphorus, Inorganic
- Fecal Occult Blood
- Glucose, fasting
- HbA1c (Hemoglobin A1c)
- Homocysteine
- Calcium (Ca)
- Chlorine (Cl)
- Creatinine
- Lactate Dehydrogenase (LDH)
- Lipase
- Lipoprotein (a)
- Magnesium (Mg)
- Potassium (K)

- Protein, Total
- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D 25-Hydroxy (OH)
- C-Reactive Protein (CRP),
Quantitative Test
- Complete Blood Count
(Hemogram)
- Insulin
- Prolactin (PRL)
- Thyroid Stimulating Hormone
(TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine (FT3)
- CA 15-3
- CA 19-9
- PSA, Total **
- PSA, Free **
- Testosterone, Total
- Testosterone, Bioavailable
- Throat Swab
- Stool Parasite Test
- Urine Culture
- Hepatitis B Surface Antigen
(HBsAg)
- Hepatitis B Surface Antibody
(anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- HIV Antibodies (1&2) + p24
Antigen
- Albumin
- Gama Glutamyl Transferase
(GGT)

* Echocardiography and Coronary Stress Test are provided for men over 40 years of age. Echocardiography or Coronary Stress Test are provided for patients under 40 years of age in consultation with a doctor.

** PSA (Total) and PSA (Free) Tests are applied to men over 40 years of age.

*** DEXA Scan of Skeleton is recommended for men over 40 years of age.

EXECUTIVE CHECK-UP PACKAGE FOR WOMEN

EXAMINATIONS

- Check-Up Examination
- ENT Examination
- Gynecological Examination
- Pulmonology Examination
- Ophthalmology Examination
- Dermatological Examination
- Cardiac Examination
- Endocrinology Consultation

DENTAL SERVICES

- Dental Check-Up Examination
- Panoramic X-Ray of Teeth
- Dental Cleaning

CARDIAC EXAMINATIONS

- Electrocardiogram - ECG
- Echocardiography - TTE/
Coronary Stress Test *
- 24-hour Ambulatory Blood
Pressure Monitoring
- Carotid Ultrasound

RADIOLOGICAL EXAMINATIONS

- Thyroid Ultrasonography
- Abdominal Ultrasonography
- Breast Ultrasonography **
- Digital Mammography
- Bone Density Measurement ***
- Whole Body MRI

PULMONARY EXAMINATIONS

- Sleep Apnea Study

AUDIOLOGY EXAMINATIONS

- Audiometry and Tympanometry
- Basic Tonal Audiometry

RESPIRATORY TESTS

- Pulmonary Function Test

INTERVENTIONS

- Dermatoscopy

MEASUREMENTS

- Body Composition Measurement

PATHOLOGICAL EXAMINATIONS

- Thin Prep + HPV

LABORATORY EXAMINATIONS

- Albumin
- Alpha Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanine Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Amylase
- Zink (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Cholesterol, Total
- Cholesterol (LDL)
- Cholesterol (HDL)
- Triglycerides
- Phosphorus, Inorganic
- Fecal Occult Blood
- Gama Glutamyl Transferase (GGT)
- Glucose, fasting
- HbA1c (Hemoglobin A1c)
- Homocysteine
- Calcium (Ca)
- Chlorine (Cl)
- Creatinine
- Lactate Dehydrogenase (LDH)
- Lipase
- Lipoprotein (a)
- Magnesium (Mg)
- Potassium (K)
- Protein, Total
- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D 25-Hydroxy (OH)
- C-Reactive Protein (CRP),
Quantitative Test
- Complete Blood Count
(Hemogram)
- Insulin
- Prolactin (PRL)
- Thyroid Stimulating Hormone
(TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine (FT3)
- CA 125
- CA 15-3
- CA 19-9
- Throat Swab
- Stool Parasite Test
- Urine Culture
- Hepatitis B Surface Antigen
(HBsAg)
- Hepatitis B Surface Antibody
(anti-HBs)
- Hepatitis C Antibody
(anti-HCV)
- HIV Antibodies (1&2) + p24
Antigen

* Echocardiography and Coronary Stress Test are provided for women over 40 years of age. Echocardiography or Coronary Stress Test are provided for patients under 40 years of age in consultation with a doctor.

** Breast Ultrasonography and Mammography are performed for women over 40 years of age.

*** DEXA Scan of Skeleton is recommended for women over 40 years of age.

ACIBADEM SISTINA

Prevention is the best medicine!

Acibadem Sistina Hospital provides special individual packages for men and women that include examinations, precise tests and evaluations, assessing your general health condition and identifying potential health problems.

Such an approach allows for disease prevention and early detection in order to initiate an effective treatment. It is recommended that every adult have a health check-up once a year, even without any complaints or symptoms.

For more detailed information, you can contact the Check-Up Department at Acibadem Sistina Hospital.